Greetings Community Advisory Network (CAN) members, PRC staff, and friends of the Healthy Youth Development·PRC network.

The University of Minnesota's Healthy Youth Development·Prevention Research Center (HYD-PRC) collaborates with state and local organizations and communities to provide training, conduct research, and disseminate findings related to best practices in healthy youth development.

The HYD-PRC melds effective research practices and sustained community collaboration to support healthy young people in all Minnesota communities. Promoting healthy youth development requires sound research and the leadership to utilize it.

HYD-PRC re-funded by CDC!
Our competitive renewal for the Prevention Research Center (PRC) has been funded for 2009-2014. Our work and the center will continue and I want to once again take this opportunity to warmly thank all who contributed to the creation of a successful application. We so look forward to the many collaborations in research, training, evaluation, advocacy and dissemination that we will pursue to improve the lives of all young people!

Warm wishes,
Michael Resnick, Ph.D.
HYD-PRC Director

2009 Summer Institute: Social & Emotional Health focus

The 2009 Summer Institute in Adolescent Health will be held **July 27 to 29** at the Minnesota Department of Health, Snelling Office Park, 1645 Energy Park Drive, St. Paul.

The theme in 2009, "Social and Emotional Health for All Young People: Expanding Approaches," will focus on the numerous components which support genuine healthy youth development—from safety to self-expression.

Key sessions will include "Promoting Healthy Pathways: Laying the Foundation" and "When Triggers Happen: Preventing Mental Health Problems." Again, young adult table teachers (*photo above: 2008 young adult table teachers*) will play an important role in guiding the discussions during the institute.

To learn more or to register, visit the Center for Adolescent Nursing website.

*photo courtesy of Jenna Baumgartner, Center for Adolescent Nursing

HYD-PRC CAN and staff news...

HYD-PRC Communications Director **Glynis Shea** was quoted in a recent Star Tribune story about teens, technology and the "sexting" phenomenon. Glynis also just received the Advocate of the Year Award from the Minnesota Organization on Adolescent Pregnancy Prevention and Parenting (MOAPPP). Congratulations!

**HYD-PRC Director Michael Resnick** and **Debra Bernat**, School of Nursing, are contributing a chapter to the just released Handbook of Adolescent Health: Understanding and Preventing Risk Behaviors."
chapter, "Connectedness in the Lives of Adolescents", discusses the vital role of protective relationships between adolescents and their environment. The book's editors are Ralph DiClemente, John Santelli and Richard Crosby. Learn more!

Imee Cambronero, MPH, PRC Fellow, has been awarded the U of MN Division of Epidemiology and Community Health Education Faculty Scholarship Award for "public health leadership and community involvement as well as academic excellence." Congratulations!

Congratulations also to Vienna Rothberg, HYD-PRC research assistant and School of Social Work graduate student, was awarded a $5000 fellowship through the President's Initiative on Children, Youth, and Families to continue important evaluation work in partnership with the Division of Indian Work. The fellowship allows her to continue her efforts to assist the organization in evaluating their sexuality education curriculum for Native American youth called Live It!

IN THE NEWS...

The Economic Impact of the Achievement Gap in America's Schools
This new report examines the dimensions and economic impact of the education achievement gap, and finds that the underutilization of human potential as reflected in the achievement gap is extremely costly. Existing gaps impose the economic equivalent of a permanent national recession. Learn more from the McKinsey & Co. website here.

Texting to help teach sex education to teens
The New York Times recently reported on a new support service for teens offered by the Adolescent Pregnancy Prevention Campaign of North Carolina. The Birds and Bees Text Line, aimed at North Carolinians ages 14 to 19, is a unique new effort by health educators to reach teenagers through technology. Read more!

Benefits of summer camp
A recent study by the American Camp Association (ACA) confirms that campers can reap long-term self-esteem, spiritual and friendship benefits. A camp experience also can counter what has been called by some the "nature deficit disorder," the increasing tendency of children and teens to spend their free time in front of a TV or computer screen. Read more!

FINALLY...

You can now find the 2009 Konopka Institute Lecture, "The Panic Over Girls" by Mike Males, online at the University of Minnesota's iTunes site:

http://itunes.umn.edu/
(choose "public U of M iTunes", then under "CATEGORIES" choose "Medicine and Health")
Did you know?

According to a new Centers for Disease Control report, "Changing Patterns of Nonmarital Childbearing in the United States", teenagers accounted for just 23% of nonmarital births in 2007, down steeply from 50% in 1970.

This publication was supported by Cooperative Agreement Number 1-U48-DP-000055 from the Centers for Disease Control and Prevention. The findings and conclusions in this publication are those of the author(s) and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

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